





## FAMILY FESTIVAL

A fun family festival for 0-16 years with inspiring activities, performances & stalls to empower children to build positive mental health.







## SUNDAY 22ND JUNE 2025 10AM-5PM



NOTTINGHAM CASTLE

WWW.POSTIVELYEMPOWEREDKIDS.CO.UK







## A VARIETY OF WAYS TO SUPPORT YOU AND YOUR FAMILY

Wellbeing tips | Nutrition
Art & Crafts | Nature Activities
Superhero Cape Walk | Sports









