



Duke of Edinburgh Long Term Plan



Independence &
Preparation for
Adulthood

Intent:

At Westbury Academy, our Duke of Edinburgh programme in years 10 and 11 develops the confidence and skills pupils need for **Independence** and **Preparation for Adulthood**. Through a range of different activities, supported by staff and external providers, pupils build resilience, new skills, independence and teamwork that will be invaluable in their ongoing life.

The activities available give students the opportunity to fulfil the DofE elements of Physical, Skill, Volunteering and Expedition and give them multiple options for each category so they can try new things and discover what is best for them as individual learners. It also requires them to commit to an activity for a set period of time, an expectation of the award scheme, and show resilience and perseverance for activities that might not initially be straight forward for them.

With clear routines and high expectations, pupils show commitment, take pride in their development, and strive to reach their potential. Pupils leave Westbury able to apply a range of skills and understanding across settings and for a range of purposes, skills that can be applied across several fields. They also leave the programme with a nationally recognised qualification which has real-world relevance towards many of their future choices.



Duke of Edinburgh Award: Westbury's Assessment Pathways

The Duke of Edinburgh Award curriculum at Westbury is designed and quality assured through Westbury's Assessment Pathways. Each pathway ensures pupils access science at a level suited to their individual needs and development.



Assessment Pathway One



Reading &
Writing



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Expressive
Communication

Pupils are supported in developing a focus on engaging with new skills.

- Practical tasks including soft skills such as teamwork and problem solving
- Recording their achievements in written and alternative forms
- Development of communication skills in written work and oracy



Assessment Pathway Two



Applied
Learning



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Social
Interaction

Pupils begin to apply knowledge in structured and real-life contexts, developing resilience and independence.

- A focus on written planning and reviewing progress
- Problem solving approaches to sustained tasks
- Application of skills in new and familiar contexts



Assessment Pathway Three



Creative
Thinking



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Purposeful
Dialogue

Pupils are encouraged to demonstrate ambition and ownership in their learning, applying knowledge across a range of contexts.

- Use of abstract and real-world scenarios, and cross-subject links to plan work
- Opportunities for self- and peer-assessment to promote reflection
- Personal planning and goal-setting





Personal Development and Careers Links

The Duke of Edinburgh Award programme at Westbury Academy plays a key role in supporting pupils' Personal Development. Through carefully planned learning experiences, pupils build the range of skills required to navigate real-life contexts, explore the world of work, and develop the independence needed for life beyond school.

Personal Development Links

- Resilience and self-belief: Skills and physical challenges push pupils to persevere, reflect, and learn from mistakes.
- Problem-solving and critical thinking: Regular opportunities to apply strategy, new learning and interpret information to support decision-making across the programme and in life.
- Communication: Pupils are supported to develop understanding in areas potentially unfamiliar to them, ask questions to aid their own development and work as part of team to complete goals.
- Confidence and curiosity: Pupils are encouraged to question, develop their skills and improve their abilities across a range of activities.
- Citizenship and responsibility: Pupils are required to manage their own development while still working successfully as part of a team.

Careers Links

- Through volunteering, students are given an awareness of the realities of work and being part of a team to complete a task over a period of time. They are expected to commit to an activity for an extended time, building their resilience and developing usable skills.
- Use of a range of activities to develop pupils' exposure to areas that they may not have previously been familiar with.
- Opportunities for enterprise projects (e.g. Westbury Goes Green, Hucknall development project).
- Engagement outside providers and external facilities.
- The development of skills that might not otherwise be considered and may provide opportunities in future careers.
- A nationally recognised qualification that is acknowledged by employers and FE providers.



Sequence of Learning

Pupils choose one activity to follow for each half term ensuring that, over the course of the school year, they have completed at least one from each of the sections: **Physical, Skill, and Volunteering**.

In addition to their regular activities, they will also have one session each half term which covers the preparation required for the Expedition section (orange) before they go on Expedition in the Summer 2 term.

Autumn 1	Volunteering	Physical	Physical	Physical/ Skill	Skill	Expedition Prep.
	Hucknall Project	Football	Boxing	Canoeing	Music	Tents

Autumn 2	Volunteering	Physical	Physical	Physical/ Skill	Skill	Expedition Prep.
	Hucknall Project	Handball	Boxing	Climbing	Bowls	Cooking

Spring 1	Volunteering	Volunteering	Physical	Skill	Skill	Expedition Prep.
	Trainee TA	Hucknall Project	Handball	Snooker/ Pool	Music	Map Skills Theory

Spring 2	Volunteering	Volunteering	Physical	Physical/ Skill	Skill	Expedition Prep.
	Trainee TA	Hucknall Project	Football	Canoeing	Boccia	Map Skills Practical

Summer 1	Volunteering	Volunteering	Physical	Physical/ Skill	Skill	Expedition Prep.
	Westbury Goes Green	Hucknall Project	Football	Climbing	Music	Equipment and Planning